

### Dear fellow Rotarians,

As the second wave of COVID-19 pandemic spreads uncertainty and hardship around our society, Rotary members and participants are required to adopt innovative methods of caring for those affected, and showing that even at a distance, there are ways to help.

As people of action, we, Rotary members are required to engage ourselves in our communi-ties — gathering for projects and offering help to those in need. But in many areas, life is changing drastically. We have to urge people to maintain distance from each other or even isolate them-selves in order to slow the spread of this highly contagious virus.

Fighting disease is one of Rotary's main causes, so members already support efforts to pro-mote proper hand washing techniques, teach people other ways to stay healthy, and supply training and vital medical equipment to health care providers. We are helping health authorities communi-cate lifesaving information about COVID-19 and donating protective gear and other supplies to clin-ics and hospitals that are under strain because of the pandemic.

Rotary is asking members to disseminate accurate, fact-based information as provided by local health agencies. It's important to spread the word that vaccines work by using #vaccineswork in our social media postings. Highlight Rotary's work on polio as a key example. We Rotarians can enhance community education on COVID-19 vaccinations by sharing information from local and regional health authorities and supporting their efforts. They should contact local health departments to determine where assistance is most needed. Moreover, members can connect with local health officials, including local Asha health care workers to advocate for and support their efforts to ensure all communities receive equal access to the vaccine.



Yours in Rotary P Raghavendra, President

We Celebrate the Birthdays or .... Ann Pushpalatha B Shetty on and Annet Dr Mithun Bhasker on 30110 of April, Ansh Achrya s/o Dr. Balakrishna Acharya on 🔝 of May

#### And the Wedding Aniversaries of

Dr. Shruthi-Rtn. Sandeep Rao Iddya on 24th and Malathi—Rtn Sachidananda K on 30th of April, Vidya—Rtn. Rammohan on 3rd of May.



### **Conveys our Special Greetings** to them on these special occasions.

Of the things we think, say or do 1. Is it the truth? 2. Is it fair to all concerned ? 3. Will it build goodwill and better friendships ? 4. Will it be beneficial to all concerned?

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# MATERNAL AND CHILD HEALTH MONTH

As a second wave of the Covid pandemic threaten to sweep our zones, I recall Paul Harris' words: "Rotary must continue to pioneer or be left iin the rear of progress." These words are as true as first spoken. Rotarians around the world have risen to the occasion and adopted, adapted and implemented new ideas, a new vision and a new Rotary. While negotiating these tough times, Rotarians have proven that 'tough times bring out the best in Rotarians'. The many stories of hope, help and humanity of Rotarians mitigating suffering, bringing succour, meeting needs have inspired all. 'Oh man!' says Emerson, 'there is no planet, sun or star which could hold you back if you know your potential.' When faced with a challenge you discover hidden strengths you never knew existed. And Rotarians have found it. Franklin D Roosevelt said it best, 'I see Rotary International as a generating force of incalculable value.'

This pandemic has brought forth some unintended pluses: better environment, more scientific collaborations, quicker breakthroughs, and dramatic improvements in human life thanks to new biotechnologies and better digital connectivity.

April is Maternal and Child Health (MCH) month. Maternal health refers to the health of women during pregnancy, childbirth and the postnatal period. Each stage should be a positive experience, ensuring women and their babies reach their full potential in good health, as healthy children are more likely

to become healthy adults. Child health has improved tremendously in recent decades. India's national under-five mortality rate declined from 111 per 1,000 live births in 1990 to 39 per 1,000 live births in 2018. India continues a steady march towards achieving UN's Sustainable Development Goals related to maternal and child mortality. And yet challenges abound. Many children die from preventable diseases / conditions like malnutrition, impure water, and infections. Ending preventable maternal death must remain our focus.

Through Rotary we can provide critical vaccines that protect against childhood illnesses; combat malnutrition and ensure access to quality healthcare for mothers. Through VTTs for maternal health in developing countries, we've managed to reduce maternal mortality.

MCH requires a multipronged approach including education, nutrition, access to affordable healthcare, safe water, proper sanitation and hygiene and timely treatment. Rotary opens the opportunity to fulfill our MCH mission.

Every mother is important, every child counts.



Dr Bharat Pandya RI Director 2019-21



We will **DISCOVER** Together how Rotary Opens Opportunities to help us Expand Our Service to Preserve the Home we all share.

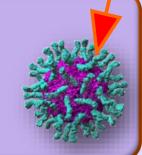
**Climate change,** the problem that affects us all, rich and poor - requires us to work together more closely than ever.

## Let Us Incorporate Environmental Concerns into all of Our Programmes, Projects and Events. RI President



Rotary Information

On 13th January 2014 India was officially declared as Poliofree.





Rotary International

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# SHRAMADAN ON 18 APRIL WITH PUBLIC ASSISTANCE



Abhaya April 30, May 1&2The registration fees for the conference is as follows:Rotarians - ₹ 5500 Anns, Annets, Johns(above 18 years)- ₹3,500Annets & Johns (12-18 years)- ₹ 2,000 Annets & Johns (Below12 years)- NILSuresh Kamath, Conference Treasurer.



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